

2014 Dakota County Community Health Needs Assessment Results



Dakota County Health

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Contents

Summary..... 1

Contents 2

Community Perspective 3

Demographics..... 7

Conclusion 11



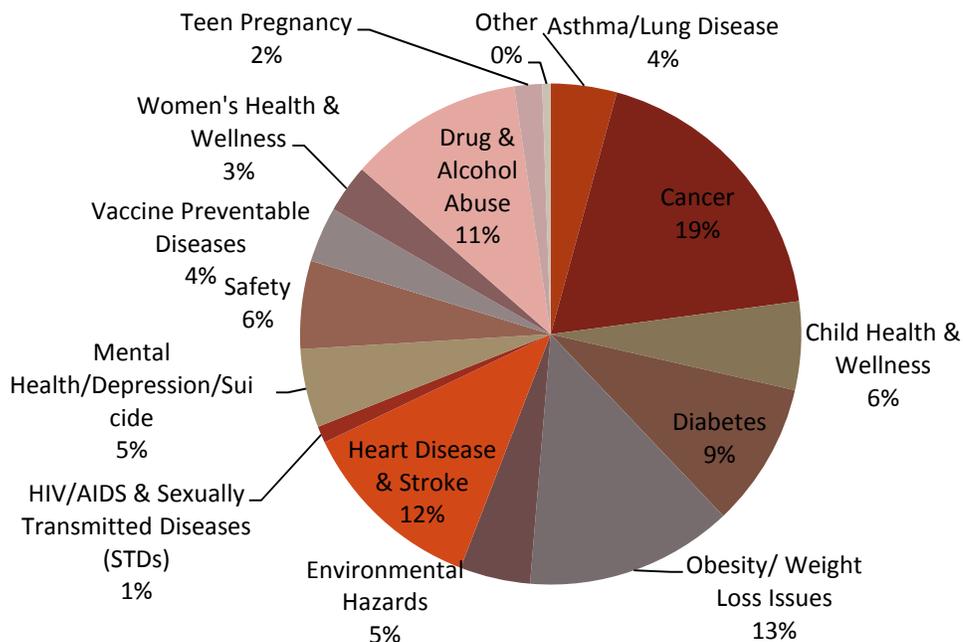
Community Perspective

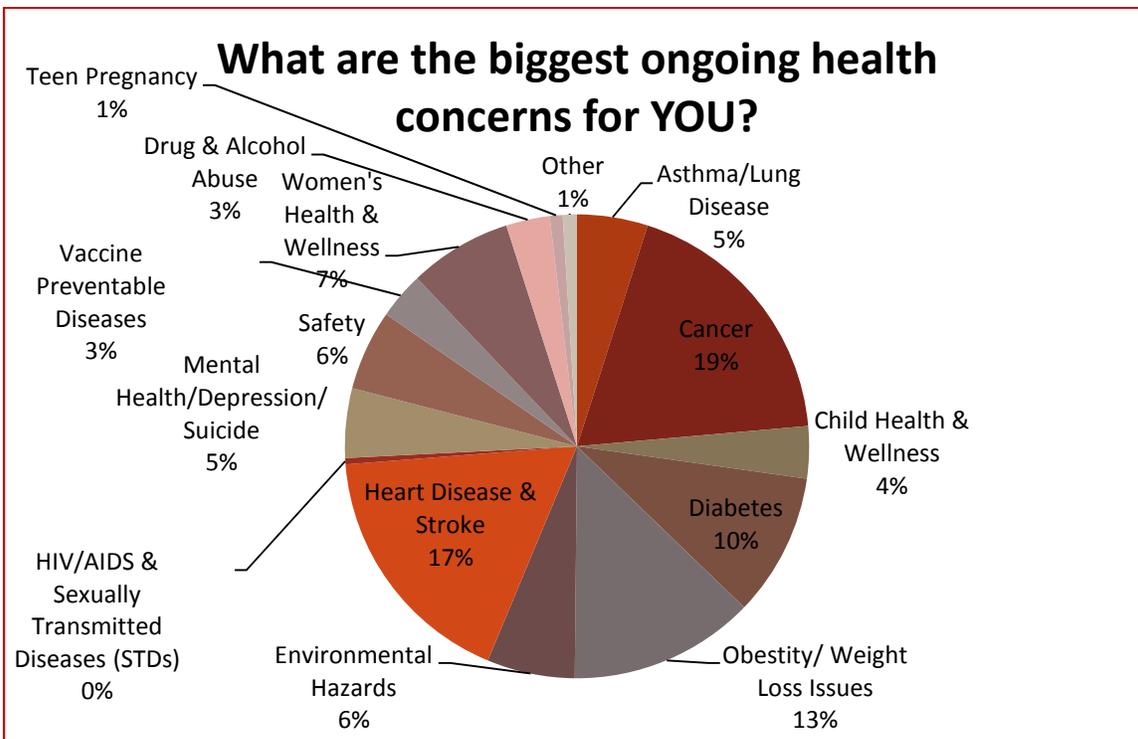
The Dakota County Community was able to provide a base line for issues that are at the forefront of the health concerns for our area.

<u>Response/Answer</u>	<u>Total # that Selected</u>
Asthma/Lung Disease	71
Cancer	312
Child Health & Wellness	95
Diabetes	156
Obesity/ Weight Loss Issues	224
Environmental Hazards	76
Heart Disease & Stroke	201
HIV/AIDS & Sexually Transmitted Diseases (STDs)	18
Mental Health/Depression/Suicide	85
Safety	95
Vaccine Preventable Diseases	60
Women's Health & Wellness	52
Drug & Alcohol Abuse	188
Teen Pregnancy	30
Other	9

The largest ongoing health concern for the citizens of Dakota County is Cancer, followed by Obesity and Weight Loss Management.

What are the biggest ongoing health concerns in your community?





Pie Chart 2- Health Concerns from the Individual

Utilizing the data collected from the perspective of the community there are four areas that need the attention of Dakota County. They are:



Cancer



Heart Disease and Stroke

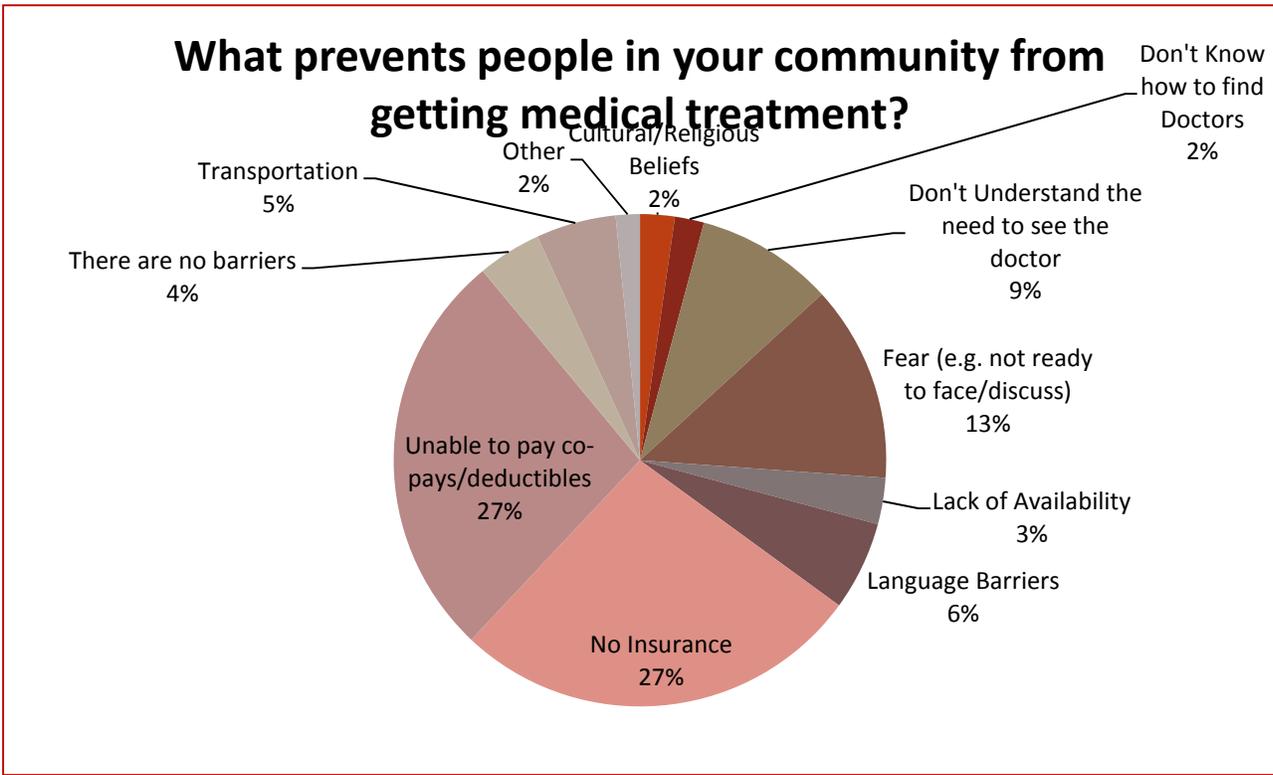


Obesity and Weight Loss Management



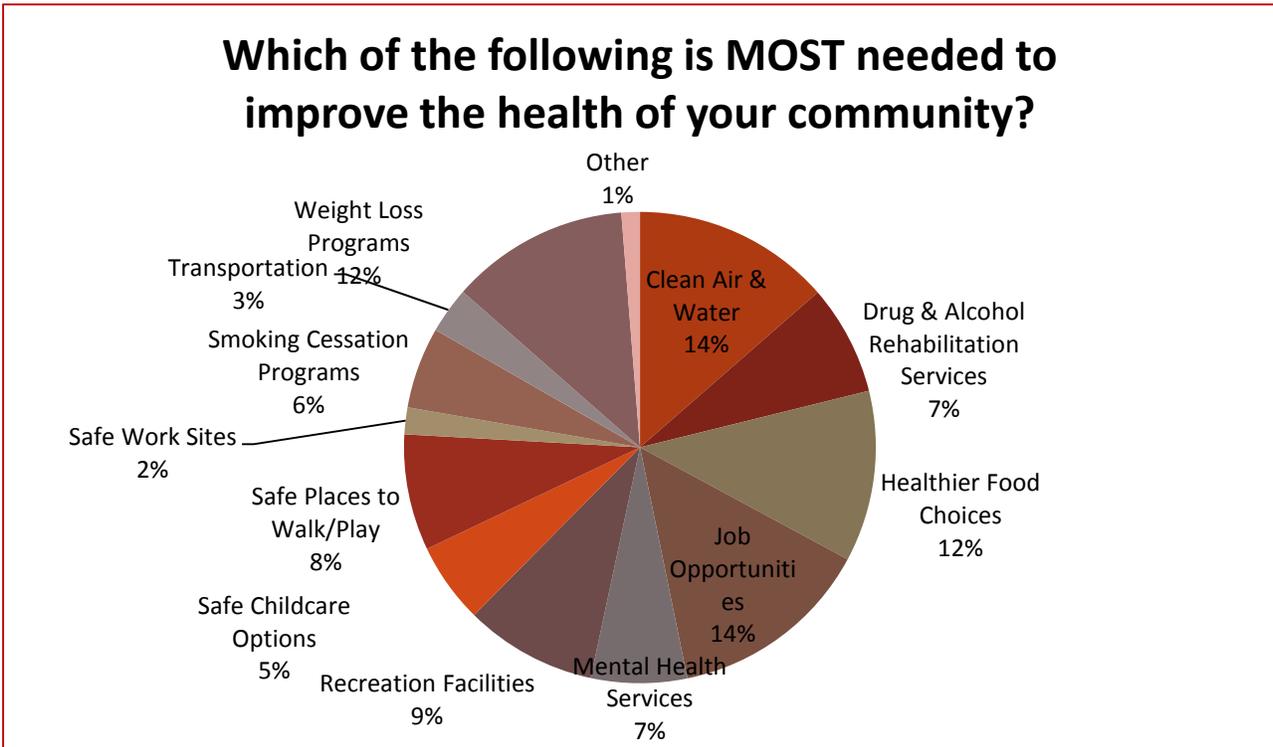
Diabetes



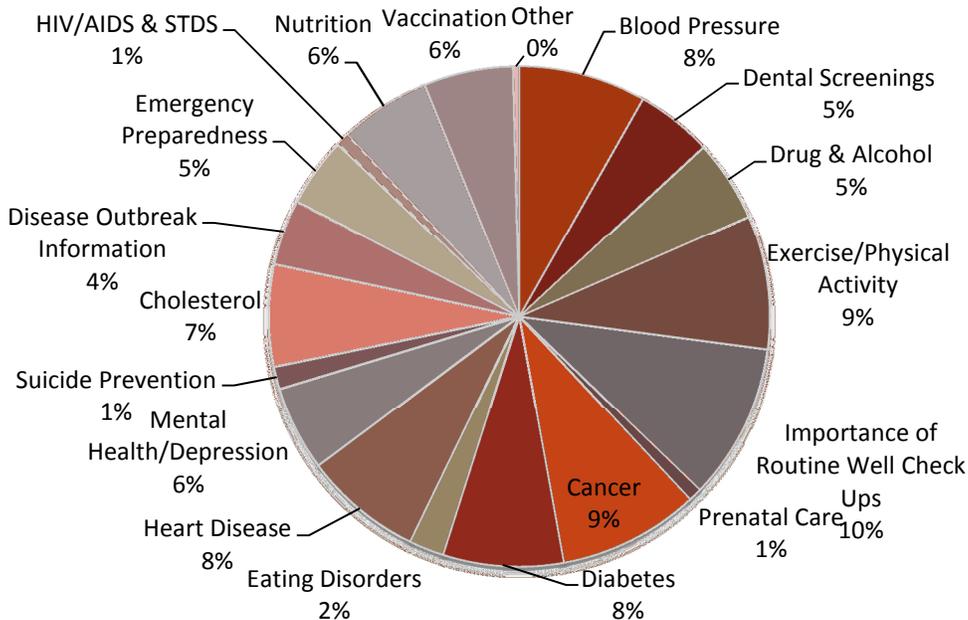


What Dakota County THINKS about HEALTH?

Dakota County Residents do not seek healthcare treatments primarily because of a lack of healthcare insurance and the inability to pay the co-pays and deductibles associated with healthcare costs.

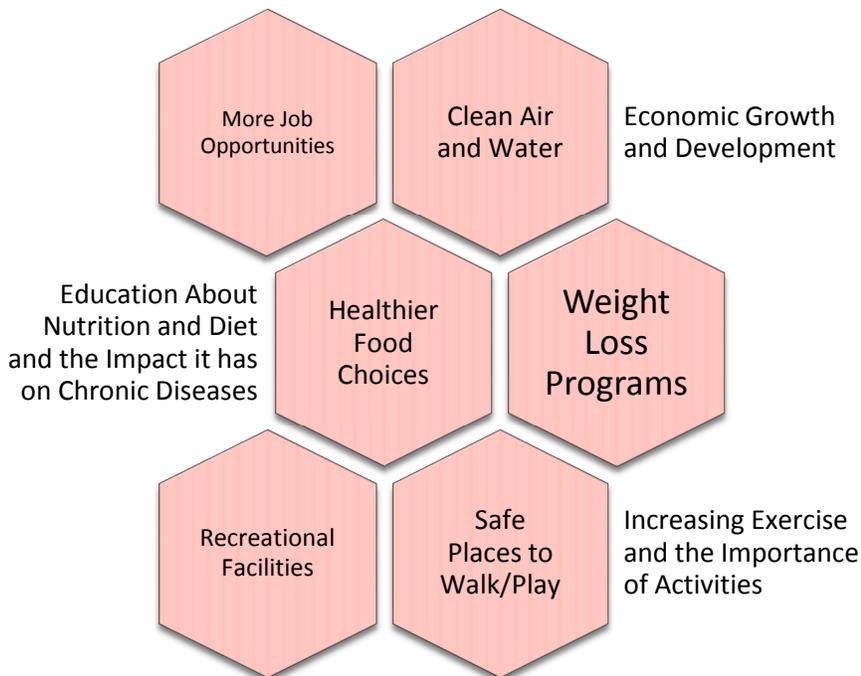


What Health Screenings or Education/Information services are needed in your community?

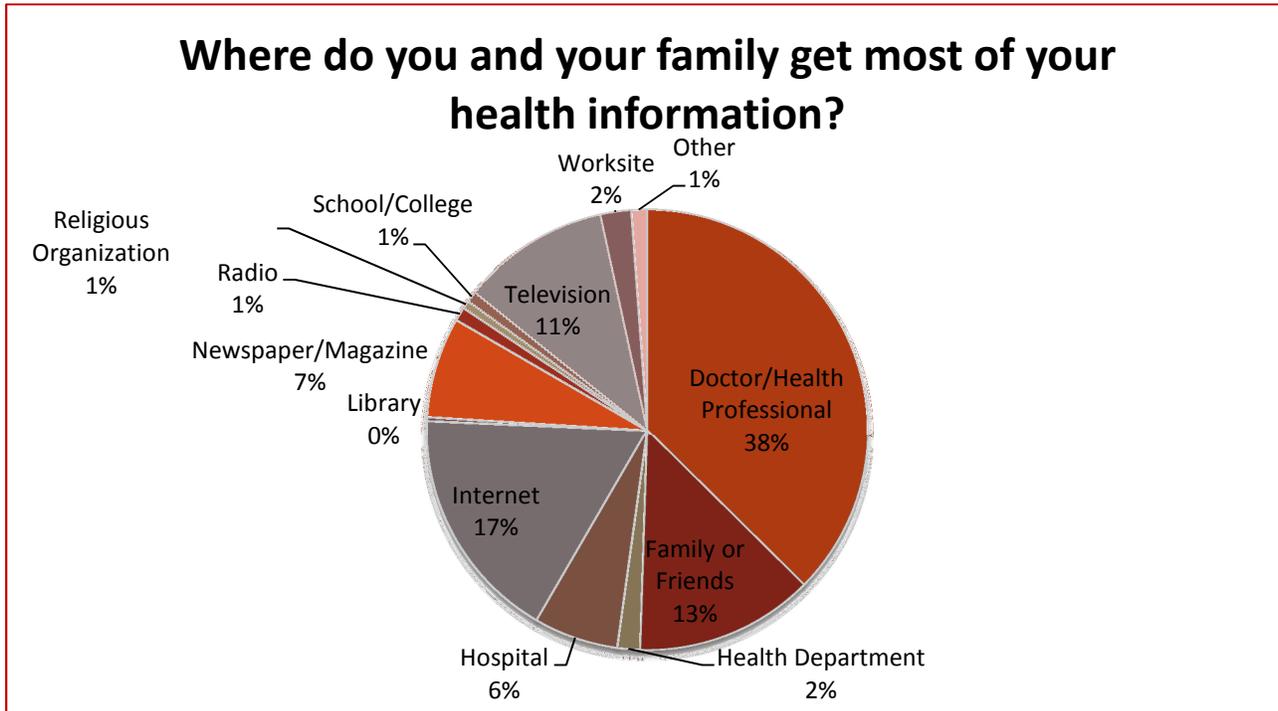


Dakota County Healthcare in Progress

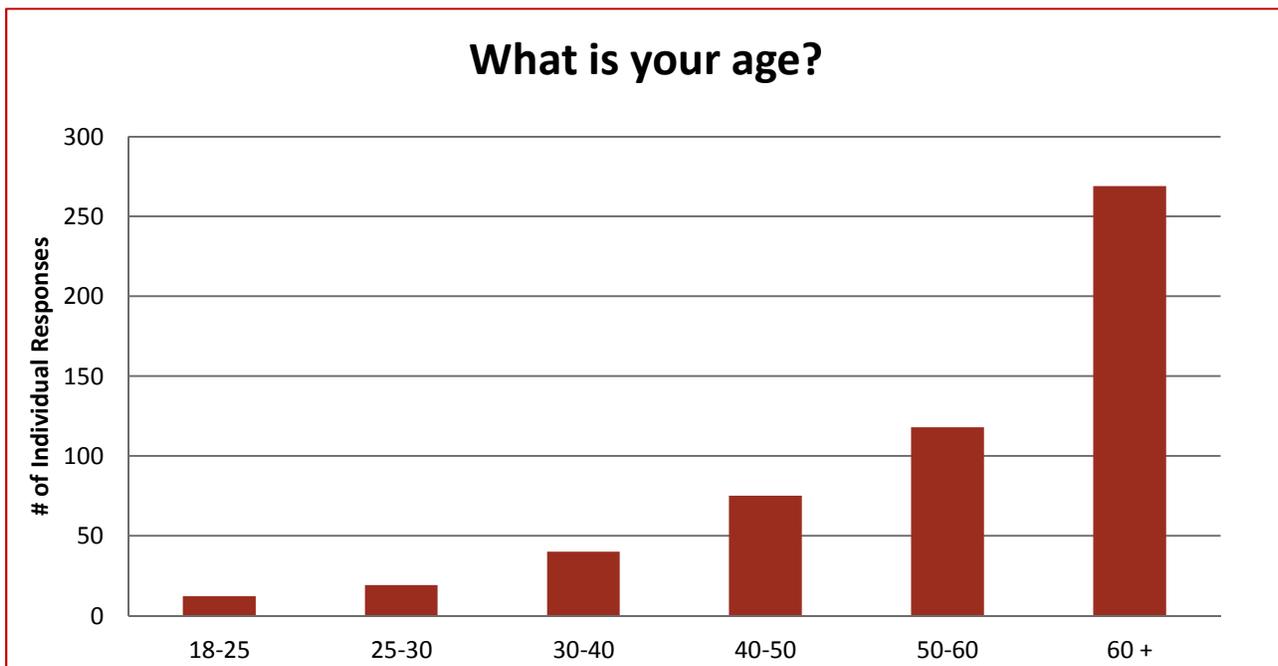
Those surveyed concluded that these 6 areas were the necessary elements of change to improve the health of Dakota County.

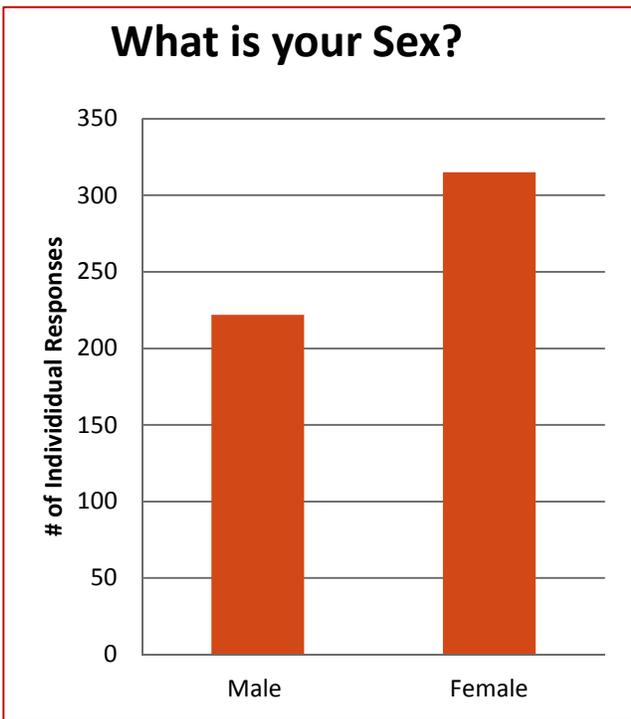


How Dakota County Residents get Health Information



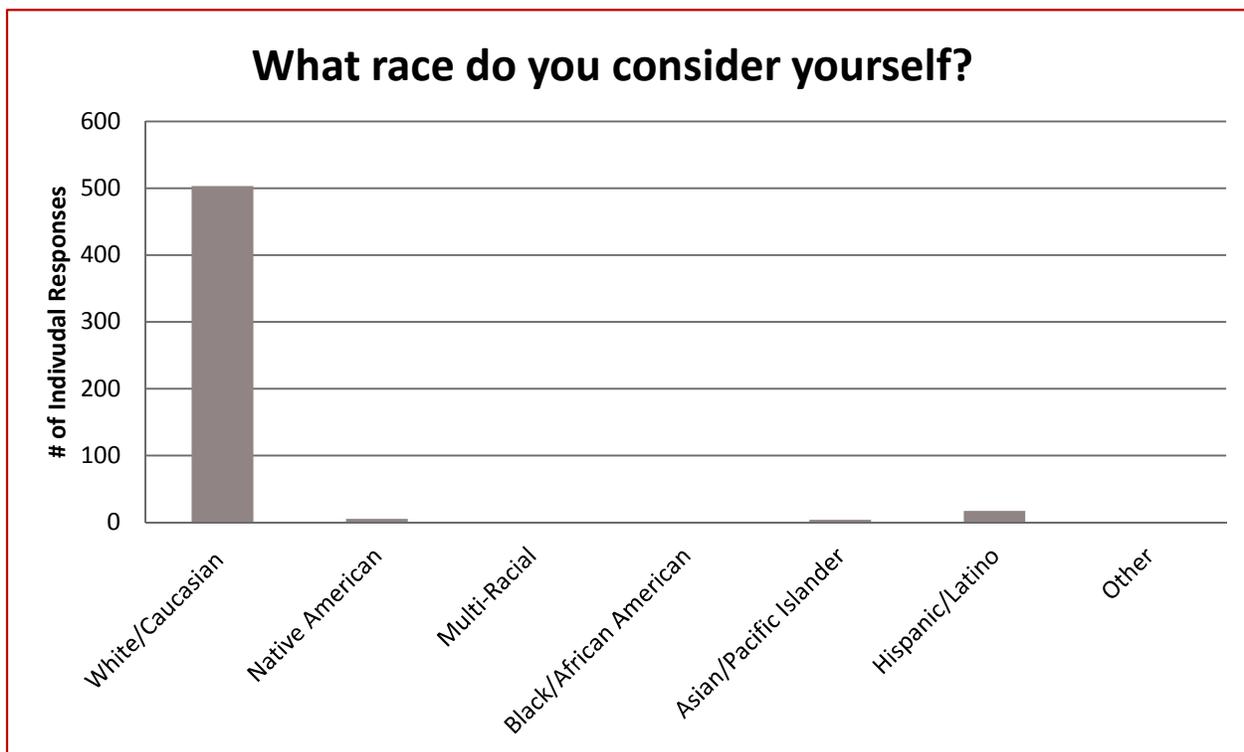
Demographics of those Surveyed

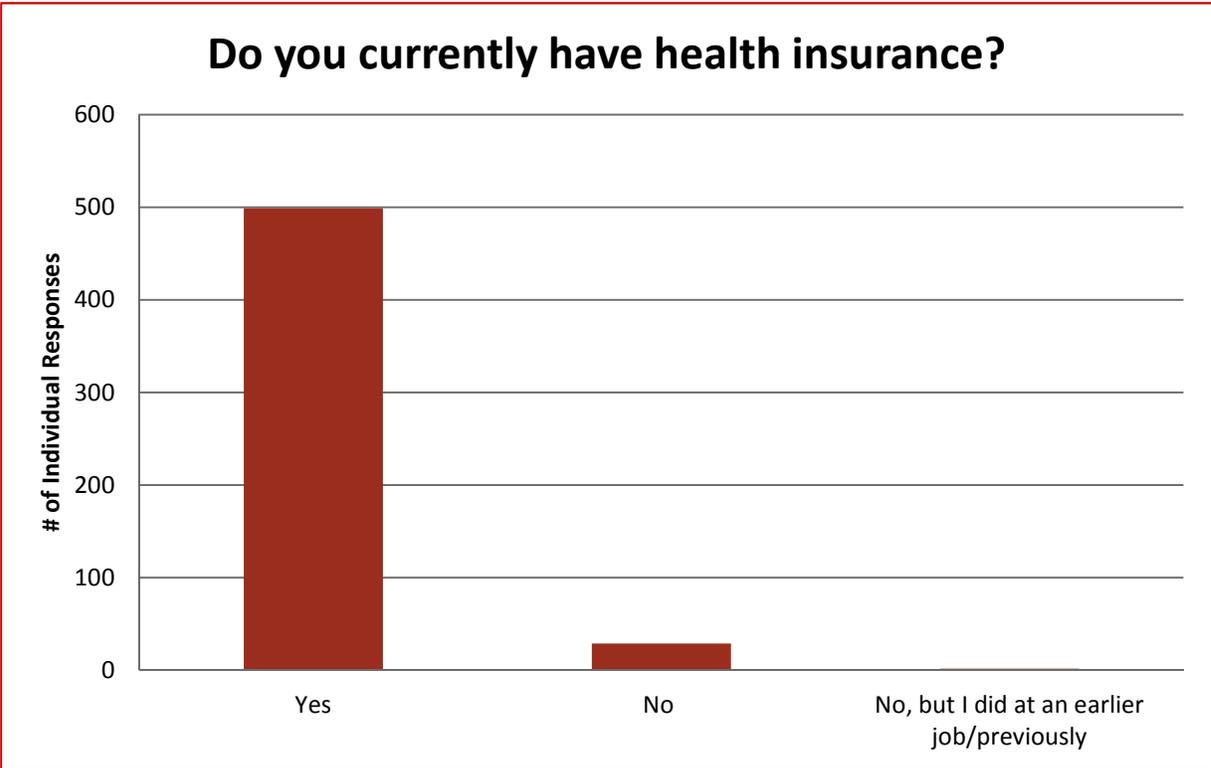




Of the 789 surveys that were received, 58% that responded were females and 94% recognize themselves as White/Caucasian. 50.4% of those that responded were in the age category of 60 and above.

Response/Answer	Total # that Selected
White/Caucasian	503
Native American	5
Multi-Racial	
Black/African American	1
Asian/Pacific Islander	4
Hispanic/Latino	17
Other	





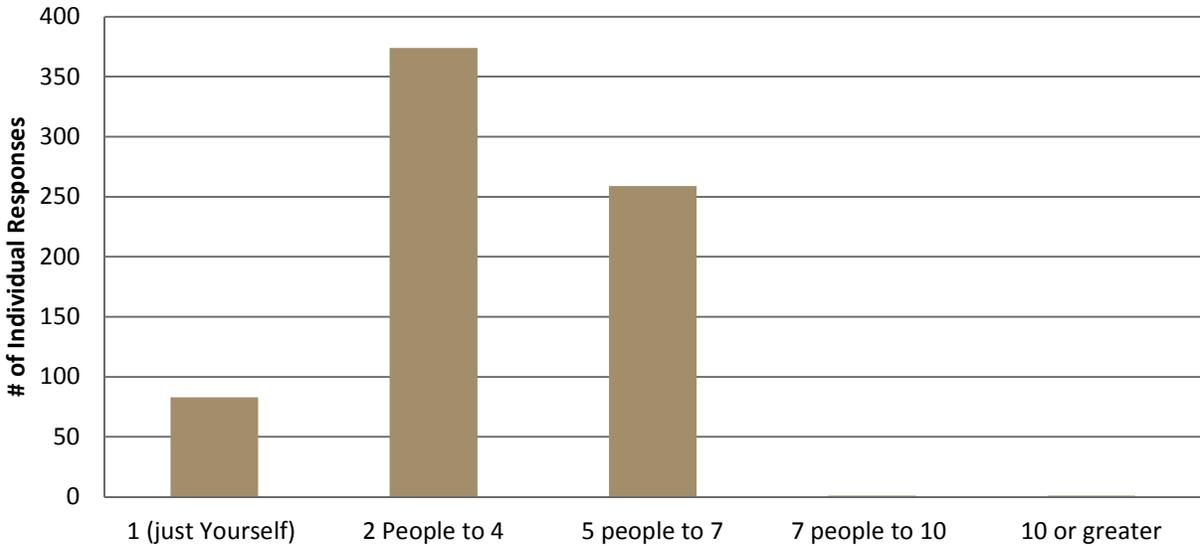
<u>Response/Answer</u>	<u>Total # that Selected</u>
Yes	499
No	29
No, but I did at an earlier job/previously	2

94.5% of Dakota County Residents surveyed had insurance coverage.

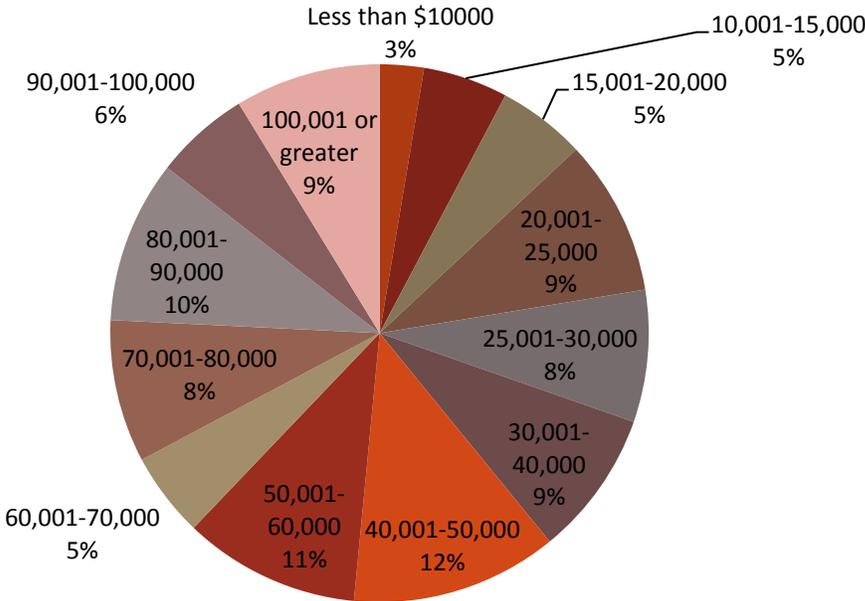
6 % had NO insurance coverage.



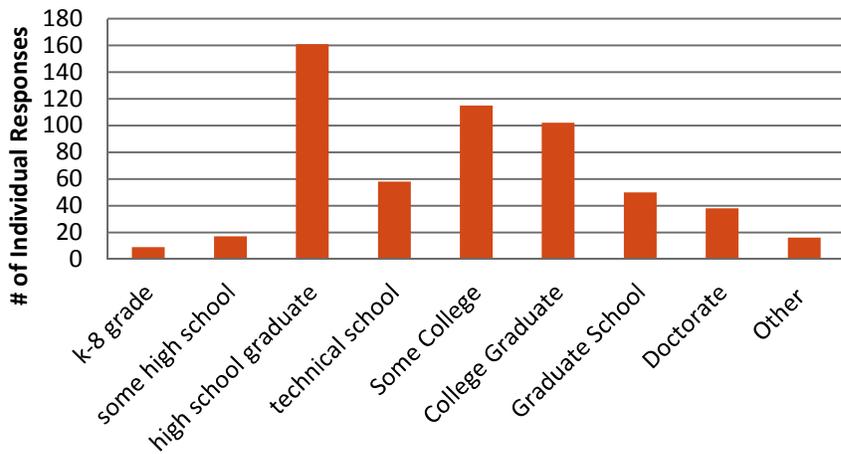
What is your household size or the size of your family?



What is your average/years household income?

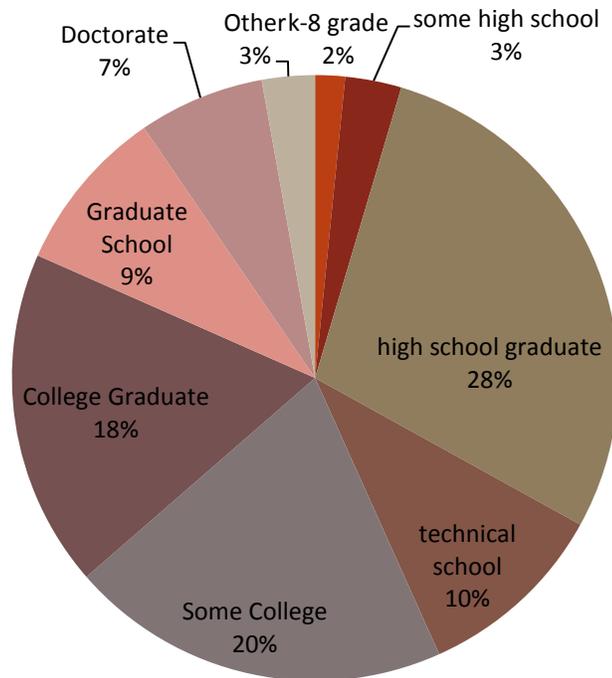


What is your highest level of education?



Of the 789 surveyed 52% were households of 2-4 people. 12% had an average income of \$40,000-\$50,000 annually. 28% of respondents were high school graduates.

What is your highest level of education?



Conclusion

Utilizing the results of the 789 surveys collected by the Dakota County Health Department, there are 4 predominate areas that the community feels need improvements. They are cancer, heart disease and stroke, obesity and weight loss management and diabetes. These four areas are strongly connected to the categories of education that are wanted within Dakota County, which are Exercise and Activity, Nutrition, Routine Check-Ups and Heart Health.

The Dakota County Health Department plans to impact these areas by offering education and outreach courses on:

- ❖ Immunizations and their importance
- ❖ Chronic Disease Management
- ❖ Nutrition and Exercise
- ❖ Diabetes

Along with educating our community, we want to encourage individuals to get routine health screenings by offering preliminary screenings for Blood Pressure, Blood Glucose levels and Cholesterol.

